



NATIONAL
COUNSELLING &
PSYCHOTHERAPY
SOCIETY

THE NCPS THERAPY HUB

PERSONALISED MENTAL
HEALTH SUPPORT



THE NCPS THERAPY HUB

Helping everyone find the support they need

The NCPS Therapy Hub is an online therapy platform that connects your team with trusted and qualified counsellors and psychotherapists, enabling employees to access quick, secure and professional mental health support when they need it.

We believe that the most important ingredient for a positive outcome in therapy is the relationship between therapist and client. Our platform empowers your team to choose their own therapist using our unique matching system.

We work with you to create an experience that is right for your company. You can set a session limit that works for you and your team can continue to self-fund further sessions if they wish to.

- ✓ Safe and secure platform
- ✓ Free introductory sessions
- ✓ Tailored support to fit your company needs
- ✓ Fixed session fee and no hidden costs
- ✓ Personalised platform with your branding
- ✓ Friendly team on hand for support



HOW THERAPY HUB WORKS FOR YOUR TEAM

Three straightforward steps

1

SIGN UP

A sign up link will be provided for your team to join your company scheme. Once signed up your team will have immediate access to find support when they are ready.



2

FIND A COUNSELLOR

Our unique system will use information entered by your team members to display matched therapists, from which they can then choose who they would like to work with.



3

BOOK A SESSION

The first, introductory session is free, and further sessions can then be scheduled through our easy-to-use online booking system. Your team have the option to self-fund after they reach the limit provided by your company.



WHY CHOOSE THE THERAPY HUB?

Support your team, strengthen your business

It is estimated that **15% of UK workers** have an existing mental health condition and in 2022/23, **17.1 million working days** were lost due to work-related stress, depression, or anxiety.

The NCPS Therapy Hub is a great solution for supporting your team's mental and emotional health. They feel empowered to choose their own therapist to access appropriate, professional, and safe support at their own pace, without having to wait.

1 in 3



1 in 3 employees feel that mental health support in their workplace is inadequate, and would like more support

£1,652

Poor mental health is estimated to cost £1,652 per employee per year

**5:1
ROI**

Organisations that offer counselling and other mental health support see an ROI of 5:1 in improved health and productivity

9 in 10



9 in 10 employees say employers should play a role in their mental health and wellbeing



OUR THERAPISTS

Qualified, Accredited, Insured

RECOGNISED

We have over 20 years of experience in the profession

The NCPS holds a number of Accredited Registers recognised by the Professional Standards Authority



SAFE

All of our counsellors are qualified, accredited, and insured, so you can rest assured your team are getting professional-level support.

Our virtual therapy rooms are secure and confidential, built on and protected by the latest technologies.

ACCESIBLE

Your team will have access to hundreds of qualified, Accredited counsellors & psychotherapists.

Our easy-to-use therapist matching process means your team can access personalised support for their mental and emotional health.

After the sessions funded by your company have finished, the company or your team can pay-as-you-go for any extra support needed.



ABOUT US

We're the National Counselling & Psychotherapy Society (NCPS). We're a not-for-profit professional association for counsellors & psychotherapists, and we hold a number of Accredited Registers that are recognised by the Professional Standards Authority (PSA).

We've been helping the public to find the right support for them for over 20 years through our online directory.

Fiercely committed to improving mental health support in the UK, we advocate for better access to appropriate, timely, high-quality services for everyone, irrespective of their circumstances.

SUPPORTING
COUNSELLORS, PSYCHOTHERAPISTS,
THE PUBLIC AND OUR PROFESSION



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FLEXIBLE PAYMENT OPTIONS

Pricing

We believe in making therapy accessible to everyone while supporting our therapists in their vocation; that's why we keep costs simple.

In addition to the administration fee, which can be paid monthly or annually, you will only pay for the sessions used by your team. These can be billed either individually or monthly.

Fixed Session Fee £50 per session



Monthly Payment Plan

£55 Monthly



Affordable monthly fee



1 month notice period



Flexible session
payment options

BEST VALUE



Annual Payment Plan

£600 Annually



One annual payment



Fully branded portal



Cancel anytime



Flexible session
payment options

*session fees are in addition to the payment plans above



If you have any questions please do not hesitate
to contact our team

Connect with us today

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www.ncps.com



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